



SPIRIT FITNESS

A Heritage of Quality | The Spirit of Innovation

Инструкция по сборке скамьи для жима с отрицательным наклоном



Руководство пользователя



A Heritage of Quality | The Spirit of Innovation
SPIRIT FITNESS

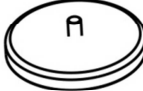


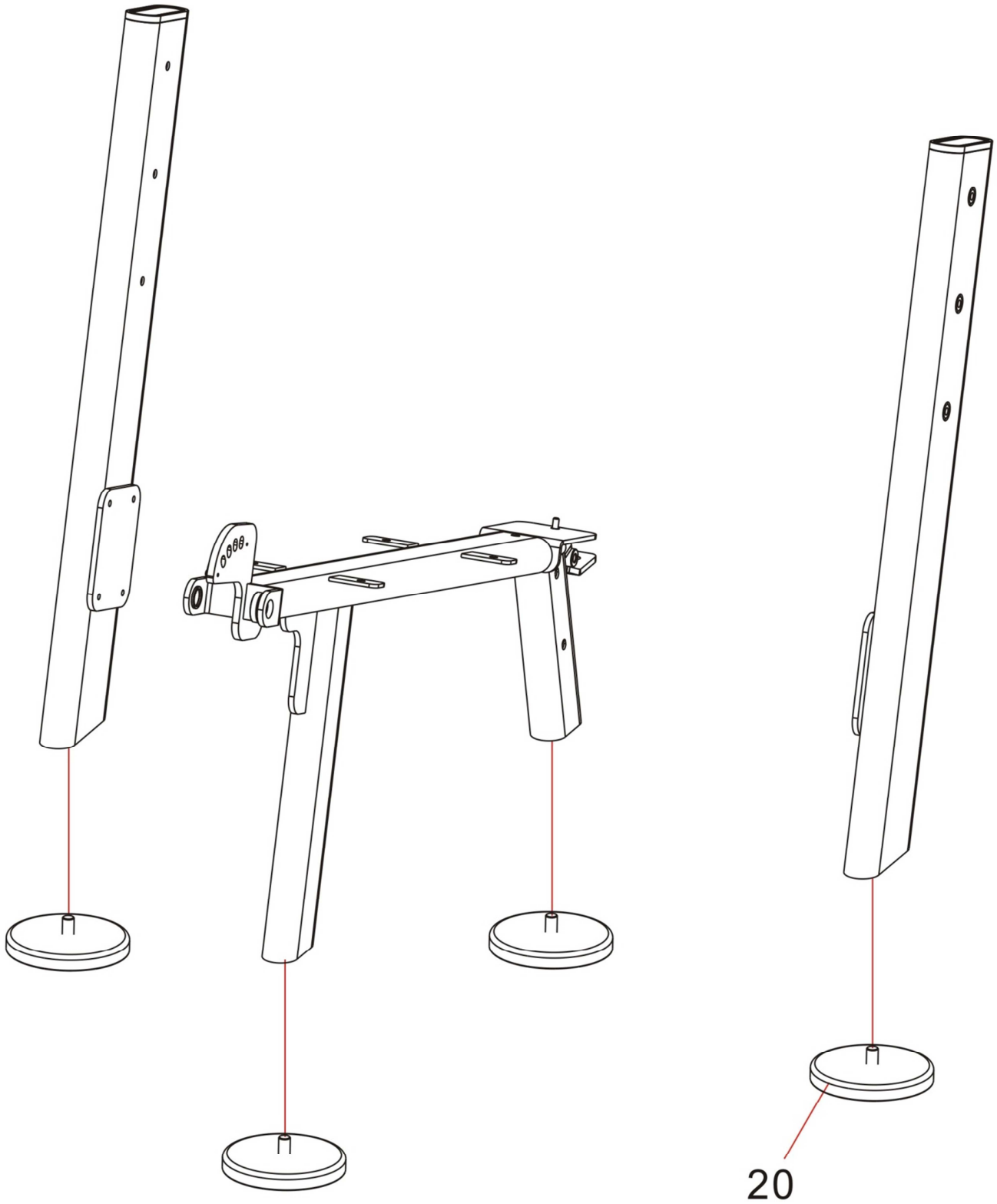
A Heritage of Quality | The Spirit of Innovation
SPIRIT FITNESS



A Heritage of Quality | The Spirit of Innovation
SPIRIT FITNESS


1

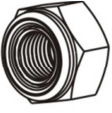
20  X4
Φ170X25

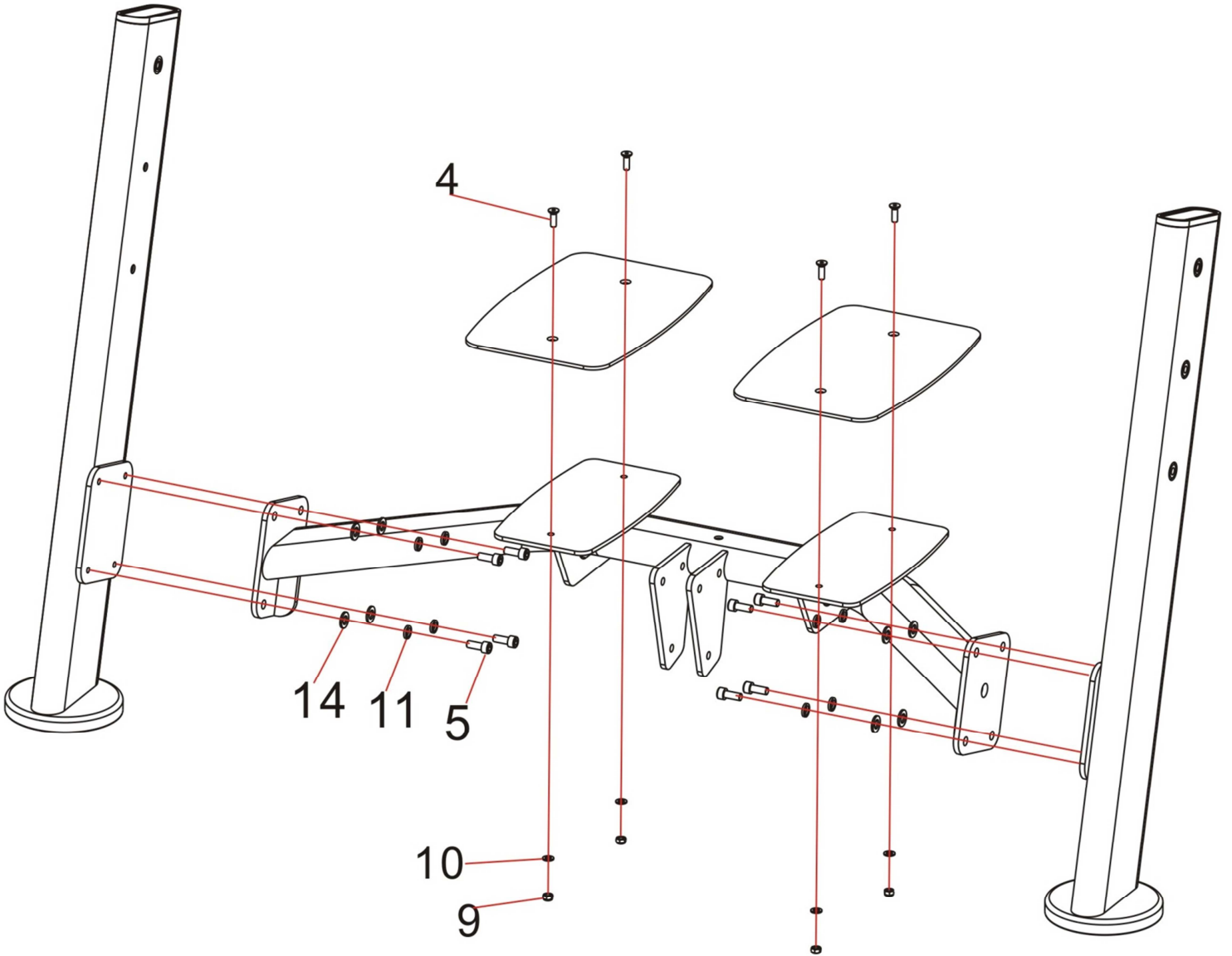


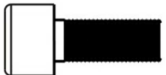
2


4  X4
M8X25 ●


13  X4
M8 ○

9  X4
M8 ○

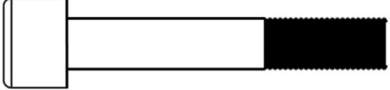



5  X8
M10X25 ○



11  X8
M10 ○



14  X8
M10 ○

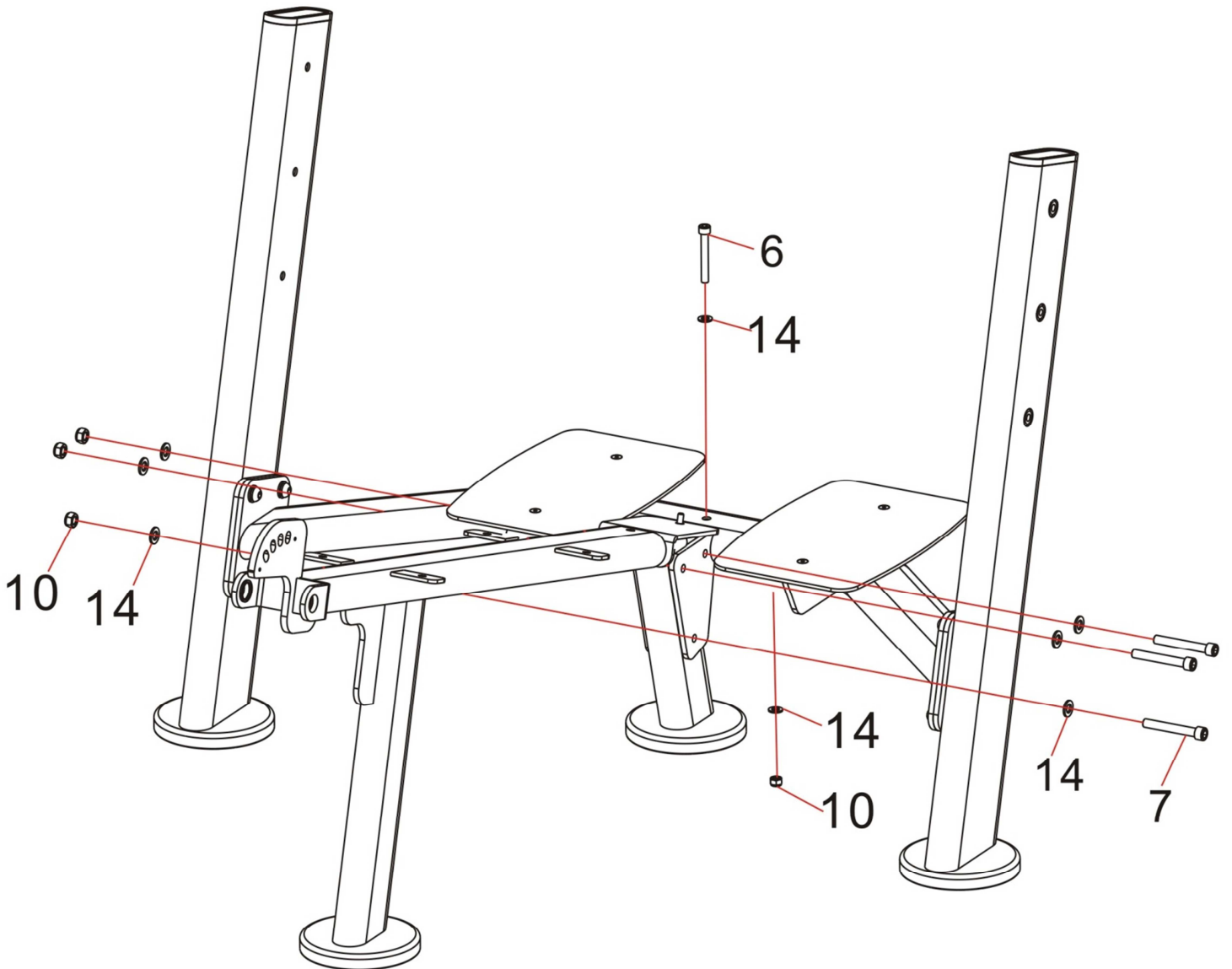
3

6  X1
M10X75 

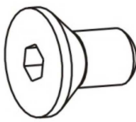
7  X3
M10X85 


14  X8
M10 

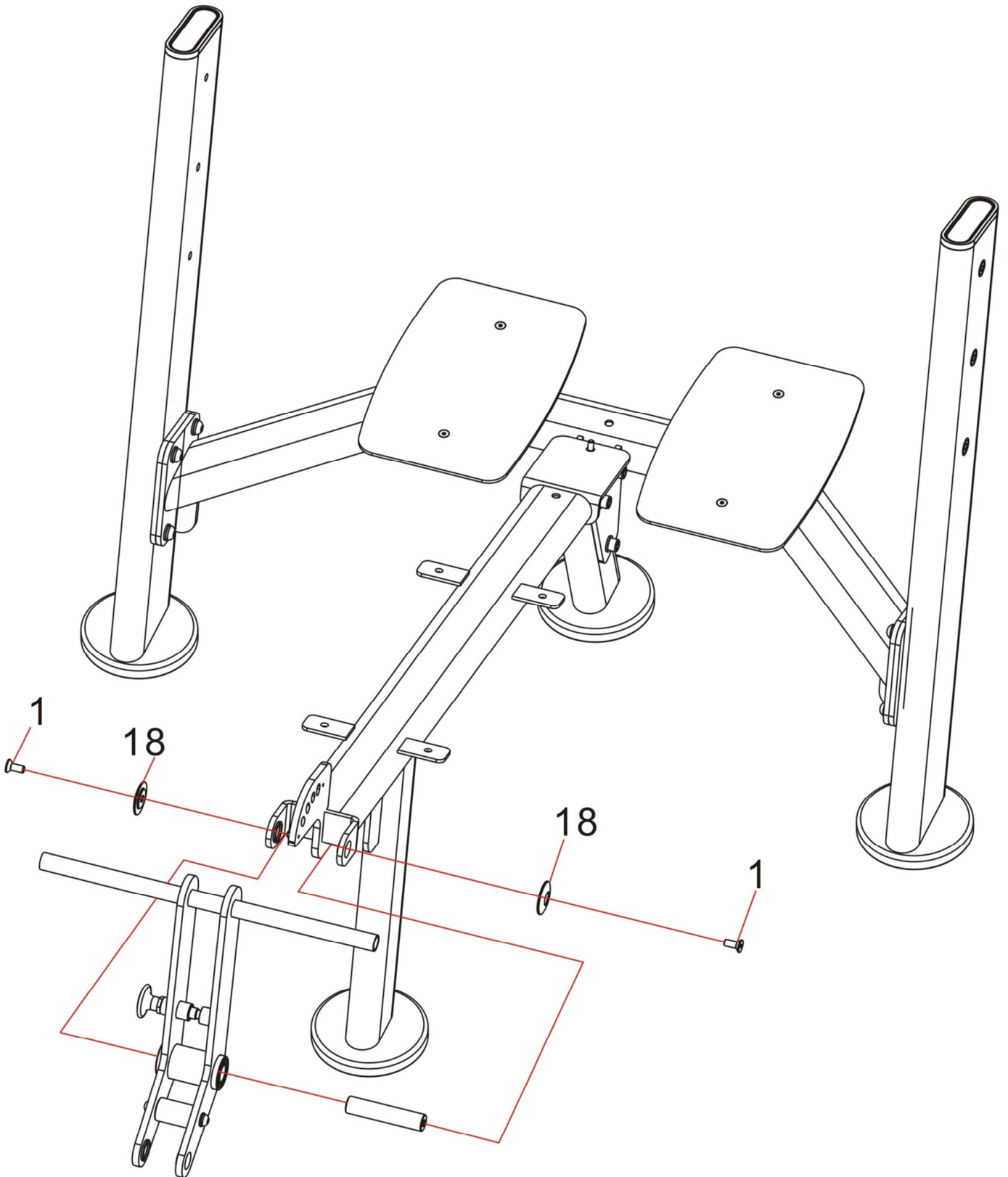
10  X4
M10 



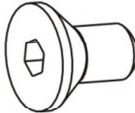

4


1  X2
M10X20 

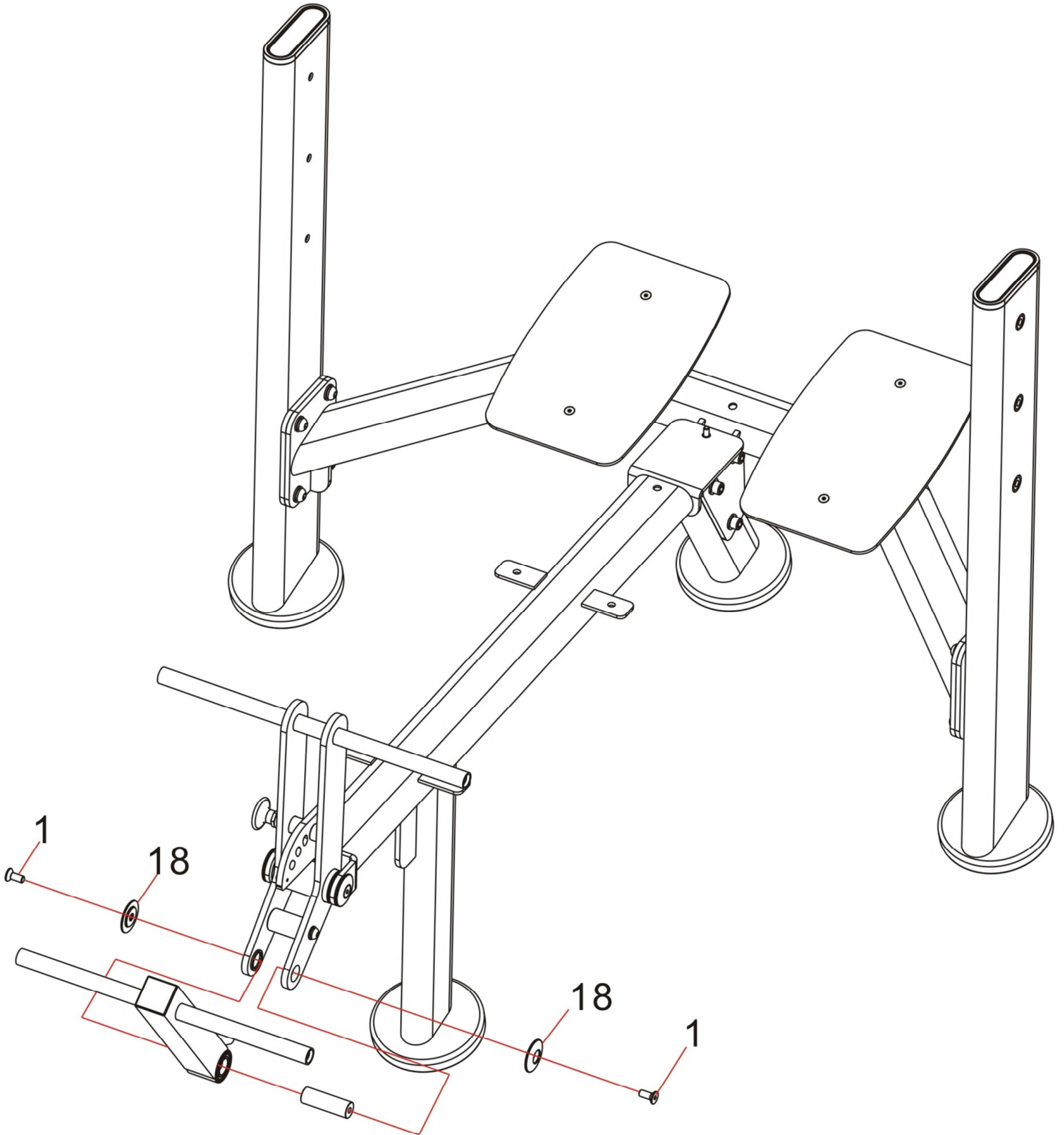
18  X2
Φ50



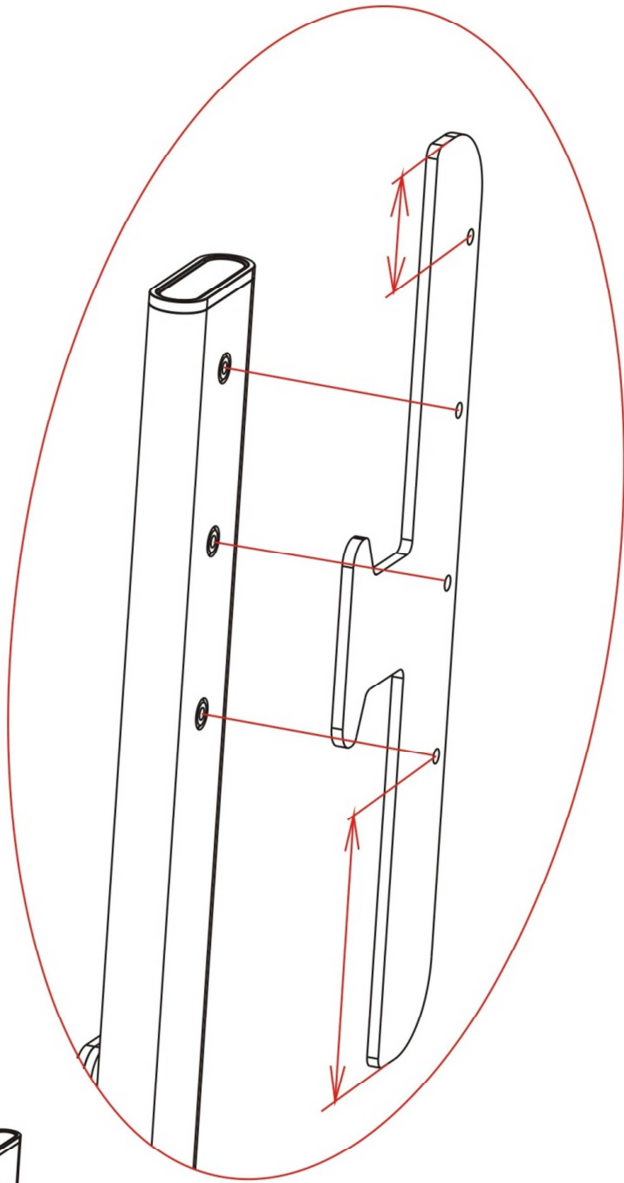
5

1  X2
M10X20 

18  X2
Φ50



6



8  X6

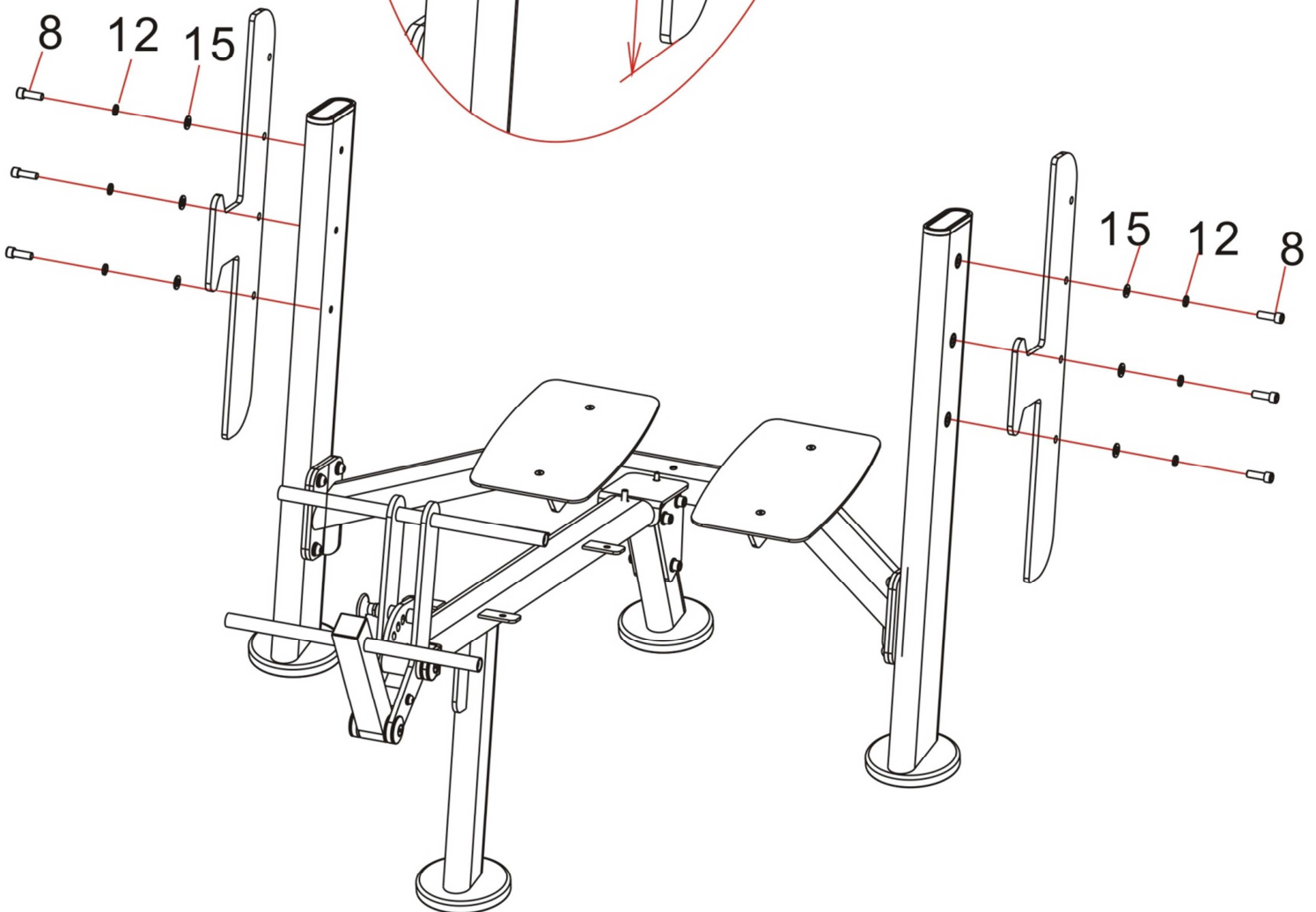
M12X25 

12  X6

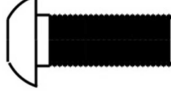
M12 


15  X6

M12 



7

2  X4

M10X35 

3  X1

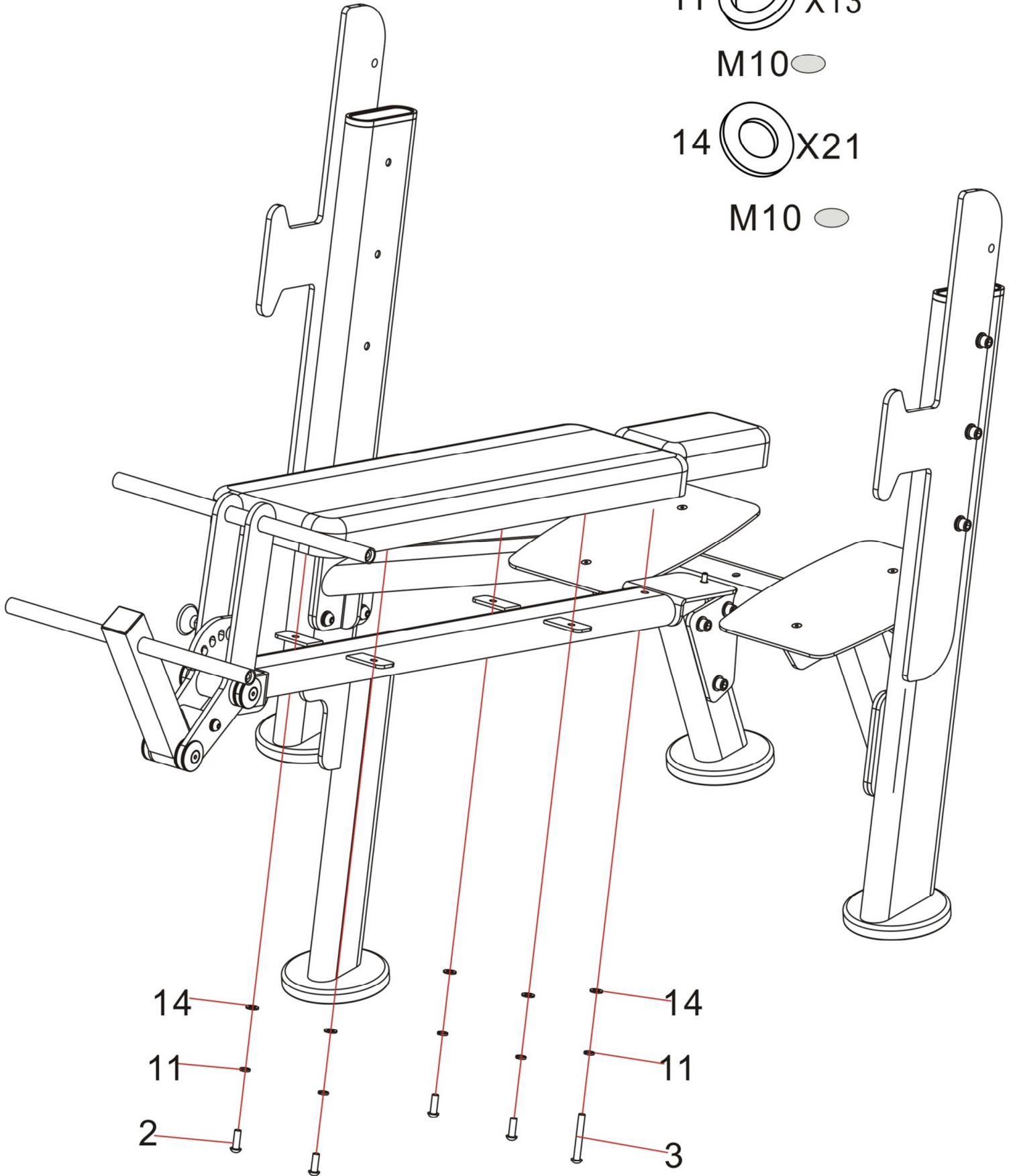
M10X80 

11  X13

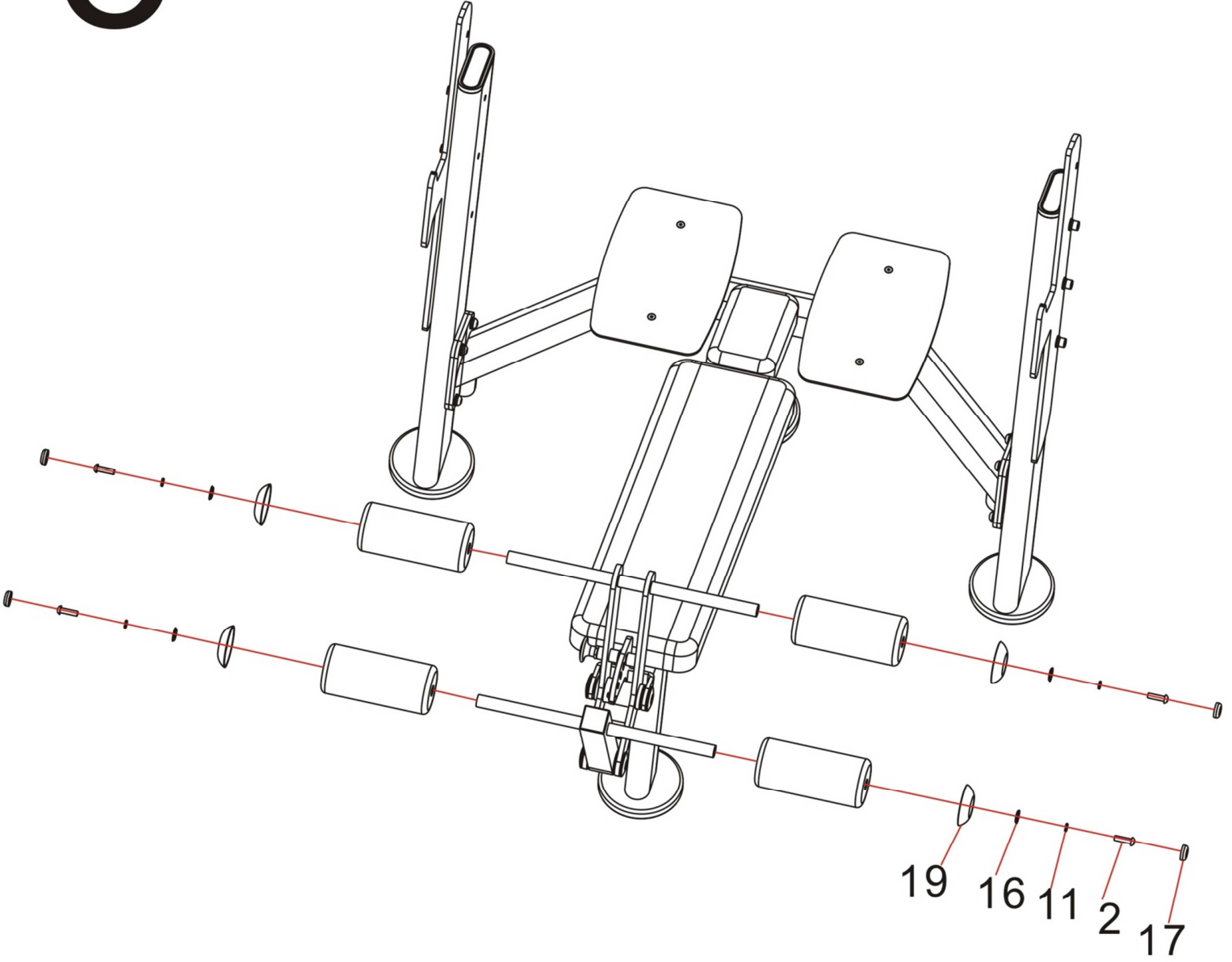
M10 



14  X21



M10 




8

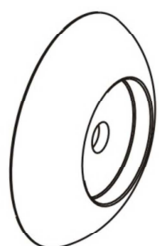


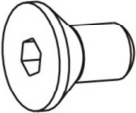

2  X4
M10X35 



11  X4
M10 

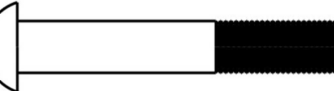

16  X4
M10

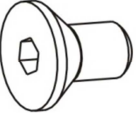

17  X4
Φ30

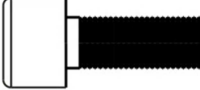

19  X4
Φ85*18

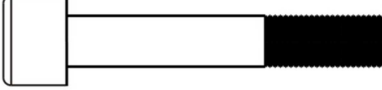

1  X4
M10X20 

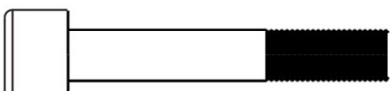

2  X8
M10X35 

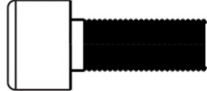

3  X1
M10X80 



4  X4
M8X25 

5  X8
M10X25 



6  X1
M10X75 



7  X3
M10X85 



8  X6
M12X25 


9  X4
M8 



10  X4
M10 

11  X17
M10 


12  X6
M12 


13  X4
M8 

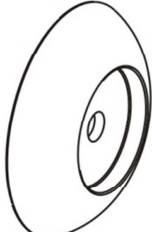
14  X21
M10 

15  X6
M12 

16  X4
M10

17  X4
Φ30

18  X4
Φ50

19  X4
Φ85*18

20  X4
Φ170X25